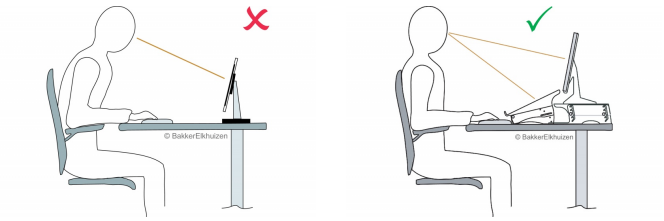
adjustable monitor stand with document holder

Q-deskmanager 150



5 height positions: 9-10-12-14-16 cm

Smart: storage space underneath monitor

Cable management: integrated cableholder

Extra: holder for PDA, mobile phone, i-pod or calculator

Complies with legal requirements for healthy desktop computing

Suitable: for flatscreen monitors

Maximum weight: 25 kg.

Specifications

Dimensions:	310 x 90 x 330 mm
Weight:	1750 g
Product code:	BNEQDM150

Research
An optimum monitor position leads to lesser discomfort and complaints to the neck (Kumar 1994 McKinnon 1994, Marcus 2002). Positioning the monitor to low can lead to strong bending of the neck and therefore higher muscle tension of the neck muscles. But a position which is too high (higher than eye level) can also lead to problems. The optimum position increases the productivity by 10% (Sommerich et all, 1998).

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1. Keyboard storage

2. 'Ergo Desktop cockpit'

2

Health & Safety Regulations
Council Directive 90/270/E the minimum safety and health requirementsfor work with display screen equipmentThe screen must swivel and tilt easily and freely to suit the needs of the operator.

www.bakkerelkhuizen.com - info@bakkerelkhuizen.com

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